



伝統沖縄剛柔流空手道連盟

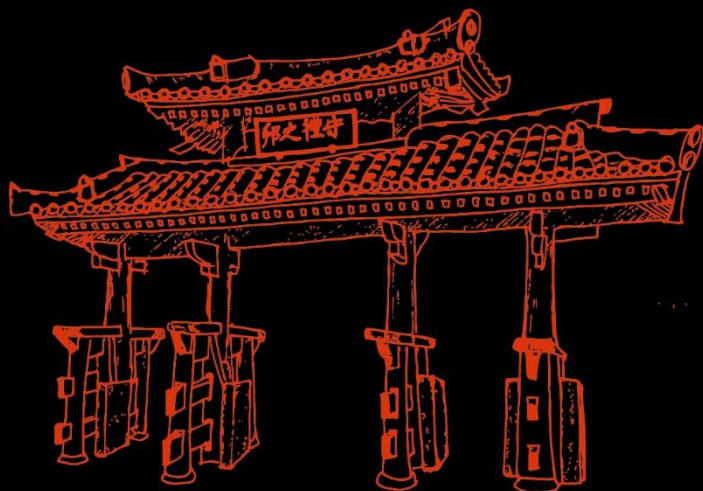
TRADITIONAL OKINAWAN GOJU-RYU KARATE-DO FEDERATION



1st TOGKF EUROPEAN GASSHUKU

8 -10 March 2024

Bratislava, Slovakia



www.togkfgasshuku.eu

info@togkfgasshuku.eu

Dear Friends,

It is our honor and privilege on behalf of two organizations, **TOGKF Austria** and **TOGKF Slovakia**, to invite you to the 1st TOGKF European Gasshuku, held in Bratislava, Slovakia.

We would like to present the Instructors to You:

[Sensei Bakkies Laubscher](#), 9. Dan, Vice Chief Instructor of TOGKF, Chief Instructor of TOGKF South Africa

[Sensei George Andrews](#), 8. Dan, Chief Instructor of TOGKF England

[Sensei Masakazu Kuramoto](#), 8. Dan, TOGKF Honbu Dojo Instructor, Naha, Okinawa

[Sensei Victor Panasiuk](#), 8. Dan, Chief Instructor of TOGKF Moldova

[Sensei Raoul Vogel](#), 7. Dan, Chief Instructor of TOGKF Austria

[Sensei Patrick Crucinx](#), 7. Dan, Chief Instructor of TOGKF Belgium

[Sensei Tomasz Sziekowski](#), 6. Dan, Chief Instructor of TOGKF Poland

[Sensei Sara-Rivka Yekutieli](#), 6. Dan, Senior Instructor of TOGKF Israel

[Sensei Marc Sanglier](#), 5. Dan, Senior Instructor of TOGKF Belgium

[Sensei Ilona Szócs](#), 5. Dan, Senior Instructor of TOGKF Austria

[Sensei Igor Vakoš](#), 5. Dan, Chief Instructor of TOGKF Slovakia

[Sensei Michal Macák](#), 5. Dan, Senior Instructor of TOGKF Slovakia

We are setting up a new tradition of TOGKF European Gasshuku. We hope to see You in March 2024 in Bratislava, in the Heart of the Europe.



TOGKF Austria



The beginning of TOGKF-Austria can be dated back to April 2002, when the present chief instructor, Sensei Raoul Vogel, arrived in Vienna. Many, many hours of hard lonely trainings and improving his knowledge and experience at various gasshuku in Europe, Okinawa and his native country South Africa, resulted in the decision to open a Dojo to pass on the values of traditional Karate-Do. In September 2005 he founded the dojo of Traditional Goju Ryu Karate Do in Austria. Here he presents his knowledge and experience and hopes to transmit the „spirit and essence (gokui) of Karate“ to students.

TOGKF-Austria is currently run by Sensei Raoul Vogel and Sensei Ilona Szócs. Their training focus is traditional – self-defence and ethical / moral values. They strictly follow the teachings of Miyagi Chojun Bushi incorporating modern scientific sport training methods into their approach.

Over the years since formation of TOGKF Austria they have formed a strong affiliation with the joint presenters of this event, TOGKF Slovakia. Regular trainings in Vienna and also in Bratislava enhance and strengthen the cooperation.

In summary, after many years of hard work trying to convince potential students of the value of their teachings, they are finally reaping the rewards and are looking forward to a rosy future with more positive developments for TOGKF-Austria.

TOGKF Slovakia



The official start of spreading of Traditional Okinawa Goju Ryu Karate Do in Slovakia dates back to September 2007, when this organization became a part of worldwide organization. But the real beginning was in January 2004, when the present instructors started cooperating with representatives in Czech Republic. They wanted to practice traditional Karate-Do with all values and methods of „old days“.

These days TOGKF Slovakia closely and strongly cooperates with TOGKF-Austria not only through the regular trainings but also by organizing Gasshukus twice per year. They also have good contacts with TOGKF organizations and members' clubs all around the world.

The Slovakian Dojos are run by Sensei Igor Vakoš and instructors appointed by him. The Slovakian branch itself is administrated by Slovak Union of Okinawat Karate and Kobudo.

Trainings are oriented very strictly on the tradition of Karate handed down from Miyagi Chojun Bushi to Miyagi An'ichi Shihan and to Higaonna Morio Shihan. Focus is on practical self defence, traditional forms (Kata) and use of the forms (Kata Bunkai) exploring the legacy given to all practitioners of Karate-do through the generations.

Instructors of TOGKF Slovakia keep training hard and spreading technical, ethical and moral aspects of TOGKF literally through entire Slovakia. They also continue developing their knowledge on national and international Gasshukus.

TOGKF European Gasshuku 2024

Date: 8 to 10 March 2024

Place of Gasshuku:

8. March: High School of Jur Hronec, Street Novohradská 316, Bratislava
9 to 10 March: House of Sport (Dom športu), street Junácka 6, Bratislava

Timetable of Gasshuku

(subject to change at the discretion of the organizers)

Friday:	Saturday:	Sunday:
16:00 – 16:45 All Grades	09:00 – 09:45 All Grades	09:00 – 09:45 All Grades
17:00 – 17:45 All Grades	10:00 – 10:45 All Grades	10:00 – 10:45 All Grades
18:00 – 18:45 All Grades	11:00 – 11:45 All Grades	11:00 – 11:45 All Grades
19:00 – 19:45 All Grades	12:00 – 12:45 All Grades	12:00 – 12:45 All Grades
	13:00 – 13:45 All Grades	13:00 – 13:45 All Grades
	14:00 – 14:45 All Grades	

Gasshuku Fee:

Gasshuku Only!

Early Birds till 23rd of February

After 23rd of February

TOGKF Members

Non TOGKF

TOGKF Members

Non TOGKF

125 €

135 €

135 €

145 €

Sayonara Party Only!!!: 35 € per person, includes hot buffet, soft drinks, beer and wine

Location of Sayonara party: Hotel Nivy, Líščie Nivy 3, Bratislava

Special Combo Gasshuku + Sayonara Party

Early Birds till 23rd of February

After 23rd of February

TOGKF Members

Non TOGKF

TOGKF Members

Non TOGKF

150 €

160 €

160 €

170 €

Dan Gradings: On TOGKF European Gasshuku Dan gradings may will be held up to Nana Dan. Gradings will be Saturday, 9.3.2024 16:00-18:00. Normal grading fees apply.

If you and/or your students wish to grade, please contact the organizers of TOGKF European Gasshuku BEFORE 1 March 2024. We will provide you with all requirements and documents to be submitted.

Applications: kindly use this link <https://forms.gle/rbh6vqugkdb5qUwm6>

Notes:

1. Gasshuku organizers shall not be held responsible for any lost valuables.
2. At the Gasshuku the use of video cameras is strictly prohibited!!! Persons who do not comply will be asked to leave the facilities!!!
3. Disclaimer: The organizers, location management and staff, the Gasshuku-Leader and other trainers and assistants do not accept any liability or responsibility of whatever nature. By participating in the Gasshuku every participant implicitly declares that he/she has the necessary physical constitution to participate in the Gasshuku and is fully aware that a Gasshuku implies physical challenges.
4. Contact and more informations available on: Web: www.togkfgasshuku.eu, e-mail: info@togkfgasshuku.eu, or by calling +421 903 759 212 (Igor Vakoš)

Recommended Accommodation: Hotel Nivy, Líščie Nivy 3, www.hotelnivy.sk, hotel@hotelnivy.sk, use special promo code "Karate2024" for discount

TOGKF Kodomo no Gasshuku 2024

Date: 9 to 10. March 2024

Place of Gasshuku: House of Sport (Dom športu), street Junacka 6, Bratislava

Along with TOGKF European Gasshuku, we will also hold a children's Gasshuku led by chief instructors and country instructors. Children aged 6 to 11 will have the chance to train directly with TOGKF Senior Instructors. The trainings will take place in the same Dojo as TOGKF European Gasshuku and will be assisted by qualified assistant instructors.

Timetable of Kodomo no Gasshuku

(subject to change at the discretion of the organizers)

Saturday:	09:00 – 09:45 All Grades	Sunday:	09:00 – 09:45 All Grades
	10:00 – 10:45 All Grades		10:00 – 10:45 All Grades
	11:00 – 11:45 All Grades		11:00 – 11:45 All Grades
	12:00 – 12:45 All Grades		12:00 – 12:45 All Grades
	13:00 – 13:45 All Grades		

Gasshuku Fee:

Early Birds till 23rd of February		After 23rd of February	
TOGKF Members	Non TOGKF	TOGKF Members	Non TOGKF
60 €	70 €	70 €	80 €

Sayonara Party Only!!!: 35 € per person, includes hot buffet and soft drinks

Place of Sayonara party: Hotel Nivy, Líščie Nivy 3, Bratislava

Speciac Combo Gasshuku + Sayonara Party

Early Birds till 23rd of February		After 23rd of February	
TOGKF Members	Non TOGKF	TOGKF Members	Non TOGKF
90 €	100 €	100 €	110 €

Applications: kindly use this link <https://forms.gle/rbh6vqugkdB5qUwm6>

Notes:

1. Gasshuku organizers shall not be held responsible for any lost valuables.
2. At the Gasshuku the use of video cameras is strictly prohibited!!! Still cameras may only be used with the express permission of the Gasshuku organizers. Persons who do not comply will be asked to leave the facilities!!!
3. Disclaimer: The organizers, location management and staff, the Gasshuku-Leader and other trainers and assistants do not accept any liability or responsibility of whatever nature. By participating in the Gasshuku every participant implicitly declares that he/she has the necessary physical constitution to participate in the Gasshuku and is fully aware that a Gasshuku implies physical challenges.
4. Contact and more informations available on: Web: www.togkfgasshuku.eu, e-mail: info@togkfgasshuku.eu, or by calling +421 903 759 212 (Igor Vakoš)

Recommended Accommodation: Hotel Nivy, Líščie Nivy 3, www.hotelnivy.sk, hotel@hotelnivy.sk, use special promo code “Karate2024” for discount